

# Quick and easy perfect pizza

## Ingredients

2 English muffins, wraps, thins, pitta bread, naan bread, crumpets or  $\frac{1}{4}$  French stick

4 teaspoons tomato purée or tomato pasta sauce

1 green, red, orange, or yellow pepper, halved, deseeded and chopped

2 spring onions, chopped

2 tablespoons sweetcorn (canned/frozen)

1 handful of basil leaves, chopped

or 1 teaspoon dried basil/mixed herbs

60g Cheddar cheese, grated



### Equipment

Bread knife, chopping board, measuring spoons, kitchen scissors, grater, baking tray, oven gloves.

#### Method

- 1. Pre-heat the oven to 200C/gas mark 6.
- 2. Cut the two muffins in half, if using, and rest them on the chopping board.
- 3. Add a teaspoon of tomato purée to your choice of pizza base. Spread it evenly over the base with the back of the spoon.
- 4. Arrange the chopped pepper and spring onions over the bases.
- 5. Sprinkle over the sweetcorn, basil leaves and cheese.
- 6. Place the pizzas on the baking tray. Use oven gloves to place the baking tray in the oven.
- 7. Cook for approximately 7-10 minutes, until the cheese bubbles and browns.
- 8. Remove from the oven using the oven gloves and serve.

## Top tips

- Use wholemeal versions of the base.
- Try different vegetable toppings such as sliced mushrooms, chopped cherry tomatoes, sliced courgettes, canned tuna, cooked ham or cooked chicken.
- Serve with a colorful salad.

